

Voluntown Youth Service Bureau Presents:

**Super 5K
Run/Walk/Stroller Race
Saturday ~ May 16, 2015 ~ 9:00AM
Ball Field in Pachaug Forest**

- Course:** 3.1 miles (Pachaug Forest)
There will be two water stations along the course.
- Parking:** Ball field in Pachaug Forest.
- Directions:** Take Route 138 East.
Take a left onto Route 49 North (approx. 1/2 mile from VES)
Follow Route 49 North for approx. 1/2 mile and take a left into Pachaug State Forest
Follow the forest road for approximately 3/4 mile and bear left at Pachaug State Forest sign and go over small bridge. The ball field will be on your left.
- Entries:** \$25 Registration Fee ~ Registrations will be accepted through race day.
- T-shirts:** **FREE** if you register by Wednesday, April 29, 2015. You will receive t-shirt at "Packet Pick-Up".

If you register after April 29, 2015, t-shirts can be purchased for an additional \$5. You will receive t-shirt after the Super 5K Race.
- To Enter:** Fill out attached Registration Form
Make checks payable to: **Town of Voluntown**
Drop off or mail registration form and payment to:
- Super 5K
Voluntown Elementary School
P.O. Box 129
Voluntown, CT 06384
- Packet Pick-Up:** Friday, May 15th ~ 6-8PM (Voluntown Elementary School)
Saturday, May 16th ~ 7:30-8:30AM (Ball Field in Pachaug Forest)

If you have any questions, please contact:

Brian Racicot, Melinda Bryan, or Alycia Trakas at 860-376-2325

Voluntown PTO will be providing assorted refreshments and snacks for racers!

Come join us for a healthy, fun-filled family day in Pachaug Forest
and help support the Voluntown Youth Service Bureau!